

Self-Realization Fellowship  
3880 San Rafael Avenue  
Los Angeles, California 90065, USA  
Tel. 001- 323 - 225 - 2471  
Fax 001- 323 - 225 - 5088  
[www.yogananda-srf.org](http://www.yogananda-srf.org)

*Meditation-Center Munich  
Gemeinschaft der Selbst-Verwirklichung  
Self-Realization Fellowship*

Dear Friends of the Munich Meditation Center,

With this program we would like to invite you to  
our meditations, our commemoration services and  
other events.

Guests and friends are warmly welcome.



Gemeinschaft der Selbst-Verwirklichung  
Laufamholzstr. 369, 90482 Nürnberg  
Tel. 0911- 50 10 87  
Fax 0911- 5 04 83 17  
[www.srf-nbg.de](http://www.srf-nbg.de)  
[info@srf-nbg.de](mailto:info@srf-nbg.de)

*Bank account of the  
SRF-Ashram Nürnberg*  
Gemeinschaft der Selbst-Verwirklichung  
Postbank Nürnberg  
IBAN: DE27 7601 0085 0004 2228 57  
BIC: PBNKDEFF

Stätte der inneren Einkehr  
Haulerstrasse 15  
76596 Forbach-Bermersbach  
Tel. 07228 - 968 969  
Fax 07228 - 968 9990  
E-Mail: [Bermersbach@srf-nbg.de](mailto:Bermersbach@srf-nbg.de)

Meditationszentrum München  
[koordinationsteam.srf.muc@gmail.com](mailto:koordinationsteam.srf.muc@gmail.com)  
· Sabine Greber 0157 - 52492727  
· Gitta Helwig 0163 - 7279771  
· Marion Huber 0179 - 4398024

*“God is manifest in everything! Look at the  
beautiful earth,  
and how nature keeps it in balance ---  
how there is a plan, an Intelligence behind  
everything in creation “*

*Paramahansa Yogananda  
from  
„Inner Reflections – 2024 Engagement-Calendar“*

## PROGRAM



MAY TO AUGUST  
2024

Gemeinschaft der Selbst-Verwirklichung  
Liebherrstr. 4 80538 München  
Tel.: 089 – 24 29 20 99  
[www.srf-muenchen.de](http://www.srf-muenchen.de)

## Meditation- and Reading-Services

*Entrance half an hour before beginning*

### Sundays

10:00 – 10:50 a.m. Meditation  
11:00 – 12:00 a.m. Reading Service

*It is possible to come to the reading service between  
10:50 a.m. and 11:00 a.m.*

### Wednesdays

07:00 – 09:15 p.m. Meditation and  
Healing Prayer

*Admission also between 8:00 p.m. and 8:10 p.m.*

### 1st Wednesday of the month

06:00 – 06:50 p.m. Bhagavad Gita Study

### Fridays

06:00 – 09:00 p.m. Meditation and  
Healing Prayer

*Admission also for the first 10 minutes of every full hour.*

### 3<sup>rd</sup> Friday of each month

06:00 – 09:00 p.m. Kirtan

*Admission also for the first 10 minutes of every full hour.*

### 1<sup>st</sup> Saturday of the month

02:00 – 08:00 p.m. 6-hour Meditation  
05:00 – 05:20 p.m. Break

*The first 3 hours are a guided meditation. It is possible to  
come to the second part of the meditation during the break.*

*Opportunity for individual charging exercises:  
30 minutes before the start of each meditation in the  
basement.*

## Commemorations and Memorial Meditations

*Entrance half an hour before beginning*

**Friday, 10<sup>th</sup> May** Swami Sri Yukteswar  
07:00 – 09:00 p.m. Birthday  
Commemoration

**Wednesday, 15<sup>th</sup> May** Swami Sri Yukteswar  
07:00 – 09:00 p.m. Memorial Meditation

**Sunday, 21<sup>st</sup> July** Guru Purnima\*  
10:00 – 12:00 a.m.  
*\*Kirtan and Meditation - Indian Style*

**Friday, 26<sup>th</sup> July** Mahavatar Babaji  
07:00 – 09:00 p.m. Commemoration

**Wednesday, 28<sup>th</sup> July** Mahavatar Babaji  
07:00 – 09:00 p.m. Memorial Meditation

**Wednesday, 28<sup>th</sup> Aug.** Janmashtami  
07:00 – 09:00 p.m. (Service in honor of  
Lord Krishna)

**Friday, 30<sup>th</sup> Aug.** Bhagavan Krishna  
06:00 – 09:00 p.m. Memorial Medit.

Joint Participation  
in live broadcasts of the Convocation  
(from July 14th to July 20th, 2024)  
will be announced

\* \* \*

*As a symbol of your devotion to God  
and to the SRF Gurus, you can bring one  
or more flowers to the commemorations.*

*Envelopes for donations will be provided.*

## Additional Events

**Saturday, 15<sup>th</sup> June** Day of Service

**Saturday, 22<sup>nd</sup> June** Day of Service at the  
Nuremberg Ashram

**Saturday, 29 June** Summer Trip

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## Short-term changes in the program

[www.srf-muenchen.de](http://www.srf-muenchen.de)

An international overview of all events can  
be found at [www.yogananda-srf.org](http://www.yogananda-srf.org)

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Your donation is always welcome.

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